



UPLANDS MANOR PRIMARY SCHOOL

Headteacher: Mrs R. Keen

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Dear Parents and Carers

October 2025

PE days for Autumn 2

Reception	Wednesday										
1B	Tues & Wed			1W	Mon & Fri			1Z	Tues & Wed		
2S	Tues & Fri			2G	Wed & Thu			2C	Mon & Fri		
3E	Mon & Thu			3G	Thu & Fri			3A	Tues & Wed		
4S	Mon & Tues			4C	Wed & Thu			4E	Mon & Fri		
5H	Thu & Fri		5S	Mon & Thu		5P	Tues (swimming) & Thu		5I	Tues (swimming) & Fri	
6M	Tues & Fri		6T	Thu & Fri		6W	Mon & Thu		6A	Mon & Fri	

Swimming starts on Tuesday 4th November for 5P & 5I.

PE Kits

Having children come into school wearing their PE kit has worked really well for the past couple of years and has reduced the amount of lost learning time while children change as well as the number of children forgetting to bring their PE kit to school.

However, it is important that children wear the correct uniform / PE kit on their PE days – they are not home clothes or dress-down days for the children.

The school's PE kit is as follows:

- ✓ Plain black shorts (not hot pants or cycling shorts)
- ✓ Plain black leggings (if being worn for religious reasons)
- ✓ White t-shirt or polo shirt (it is not acceptable to wear football tops or other fashionable t-shirts)
- ✓ Red school jumper or cardigan on top of their white polo shirt
- ✓ Black pumps or trainers

In colder weather, children may also wear dark coloured tracksuit bottoms / joggers

- ✓ *Please note, hoodies and other jumpers must not be worn and children will be asked to take these off in school as they are not school uniform.*

Yours faithfully

Mrs R Keen
Head Teacher